Broken family relationship/ broken connection between mother and child - "Zielone Wzgórze" Foundation







Working with people who experience problems in the area of family ties, bonds and relations:

- adoptions
- replacement
- biological families with difficult history
- reintegration of families
- foster families
- parents (biological and foster)
- children





- Main challenges nad problems
- operating for 6,5 year
- Insufficient funds operating from project to project
- try to keep in touch with former participants of projects
- problems with continuity





Successes:

- returns of children to biological familises
- establishing supportice contacts between participant (self-help)
- introduce to participants the idea of the non-violent communitation – changing approches
- learning new forms of activities
- networking an cooperating with public institution and authorieties





Main goals and priciples through practices:

- Do not be affraid of getting closer with participant
- do not be afraid of inconsistency
- Do not be afraid of mixed groups
- Cycles of classes for whole families are good
- Some kind of therapy works as a continuation and supplementation of psychoeducation



Main activities:

- 1. Psychoeducation
- Training of parental skills and educatories
- Communication training
- 2. Narration
- Interviews
- chance for the participants to face a long-hiffen past and problems that they may not have been talking about so far; feedback: conversation ha a cleansing and strenghtening effect; personal stories collected in book raised self-esteem and evoked a sense of agency, can be used as a testimony fort them and their relatives (especially towards their children
- Photographic sessions
- extension of interview; portraits, in personal space suggested by participants
- Film reportage
- → part of educational activities for broadening the knowledge





Main activities

- 3. Arthetherapy and dogotherapy
- Dogotheraphy workshops for families
- Participant learn to express emotions in a way that is safe for themselves ant others; improving communication, learning responsibilty
- Photography workshops (for adults and families)
- at the same time learning technical issues and having specific therapeutic aspects for participants
- Arthetherapeutic workshops for adults
- Creative-development classes for families
- 4. Support groups
- 5. Individual consultation / therapeutic sessions









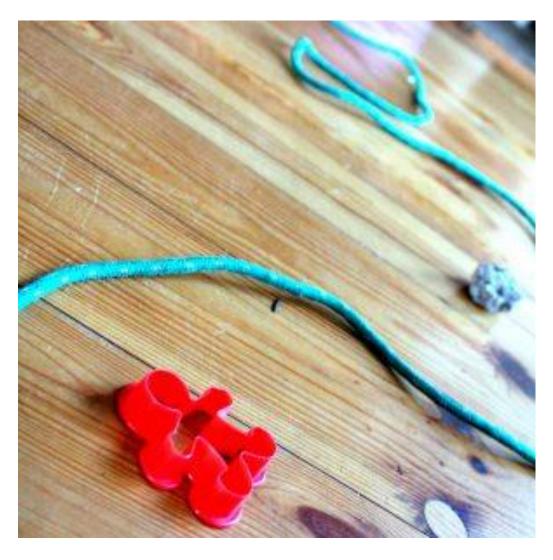




















Work with homeless women in the foundation's experience - a few comments:

- Not all women who have participated in projects revealed the fact that they are in homeless crisis; there were also those who told about that only to Ania – therapeutist and founder of foundation
- Large part of women has difficult housing condidtion or sometimes extremely difficult (on the verge of homelessness) – such crisis often cause loss of children
- If children are already in foster care, then the homelessness or serious housing difficulties of the mother / parents are a hudge burden, which in practice usually prevents the return of the children
- Separation with mother is also a great violonce for the child
- Sterotypes about children and mothers in situation of broken ties – for example: unwanted and unloved children, bad mother;





"Przy pierwszym dziecku zbiegły się nieszczęśliwe okoliczności: babcia mi umarła, traciłam mieszkanie, wszystko... Nie miałam żadnego wsparcia od najbliższej rodziny, a mój organizm był już mocno uzależniony."



Estera – mama dwójki dzieci przebywających w rodzinie zastępczej.











"At the first child coincided unfortunate circumstances: my grandmother died, I lost my apartment, everything ... I did not have any support from my closest family, and my body was already heavily addicted. " - part of a social campaign on social media about broken ties - an example of a homeless woman's story



Where you can find information about the foundation's activities:

http://fundacjazielonewzgorze.org/

https://www.facebook.com/zielonewzgorzefundacja/? tn =%2Cd%2CP-R&eid=ARDFfk4GUepjJxC5YvHNf8CBmGz S58mfrFL3wlEqg5PQiTMVBA6g SAcgxBa8ysWsF9xUmqWf4phAMX

