



Y-FOUNDATION

Violence and Trauma in Outreach Work

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NEA-project – Securing Housing for Women

Women on the streets

- Since August 2019 NEA Outreach team has met 21 women
- All these women have experiences of violence and traumas
- Women being violent themselves – way to survive
- Traumas behind violent behaviour
- Health problems increase the risk of violent behaviour



Solutions

- Workers need to ask about violence – even when woman seems to cope well
- Outreach team – professional and worker with lived experience
- Empowering tools: KEIJO –training, empowering photographing, anger management course
- Mobile services: Tooth care unit for homeless people, Tukialus
- Safe places: "Safe Homes", Pro-tukipiste, NUOLI-project, Day Centre for Women
- Training for workers; trauma sensitive work, violence work etc.

NEED FOR A SAFE PLACE WITHOUT THRESHOLD

This is Ella, age 50

- She has misused substances since teenage years.
- She had been in prison because of violent behaviour.
- She had a baby while in prison. Child's father has passed away.
- During imprisonment she went through rehab.
- After release she was substance free, working, taking care of her child and home.
- Child was diagnosed with neurological problems when 6 years old. Child was getting help for his problems.
- Ella couldn't cope anymore and her child was taken into care.
- Now Ella uses substances, is homeless and lives in a violent relationship.

HOW TO HELP ELLA NOW?

WHAT COULD HAVE BEEN DONE BEFORE?





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THANK YOU!