



Giving Service Users A Voice

An overview of Midlands Simon Communities Forum

May 2021





Introduction

About Midlands Simon Community Forum

- ❖ What is a Forum and an overview of what our Forum looks like
- ❖ Our Mission: To help integrate service users into their local community, prevent loneliness and isolation and give service users a platform to have their voices heard.
- ❖ Establishing our Forum Group



Meaningful Activities

- ❖ Day Trips
- ❖ Annual Soccer Tournament- 'Simon Community Cup'
- ❖ Training
- ❖ Arts and Crafts



- ❖ Annual Remembrance Service
- ❖ Annual Christmas Party
- ❖ Mindfulness and Meditation
- ❖ Monthly Meetings and AGM's



Consultative Element

- ❖ Bi-Annual forum meetings with MSC Board
- ❖ Monthly meetings gives service users opportunities to have their voices heard and bring their ideas forward.
- ❖ Consultation re Strategic Review
- ❖ We hope to expand on this in 2021/2022



Ownership

- ❖ Chairperson/Vice-chairperson
- ❖ Budget
- ❖ Deciding on small details

What our Service Users said the Forum means to them

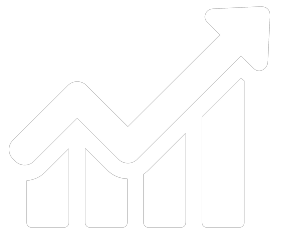
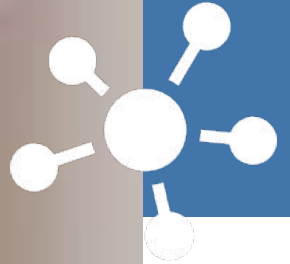


- ❖ Helps rebuild confidence and independence
- ❖ Companionship with fellow members
- ❖ Gives opportunity to be kept up to date with events and things going on within MSC
- ❖ They “Feel heard”- feel that their opinion matters
- ❖ Helps their self-worth- Feels notice is taken if they are “OK or not”

- ❖ Equality- “Everyone gets their say” and “not judged”
- ❖ Allows them to have fun
- ❖ Gives a sense of Hope
- ❖ Continuation of care after exiting MSC supports
- ❖ Peer support

Women's International Day 2020





All Questions Welcome 😊

