

Groundswell

Out of homelessness

Women, homelessness and co-production

Erasmus+ Women's Homelessness Conference

Plan for the day

- Introduction to Groundswells approach to participation
- Hear from the team
- Break out rooms – 20 mins
- Feeding back ideas – 12- 15mins



Break out rooms – 20 minutes

1. The co-production doctor – what are your concerns/worries, what do you need help with? Together we can help each other! (Suzy)
2. Co-production and a pandemic – how we can collaborate at the when we are apart? (Greta)
3. What are three things we can do tomorrow to install participation in our organisations? (Maame)
4. Coproduction across cultures – is it different across countries and cultures? (Vive)
5. Trauma informed coproduction – what does this mean? What does it look like? (Sarah and Jeane)

Do we need to think differently about coproduction for women experiencing homelessness?

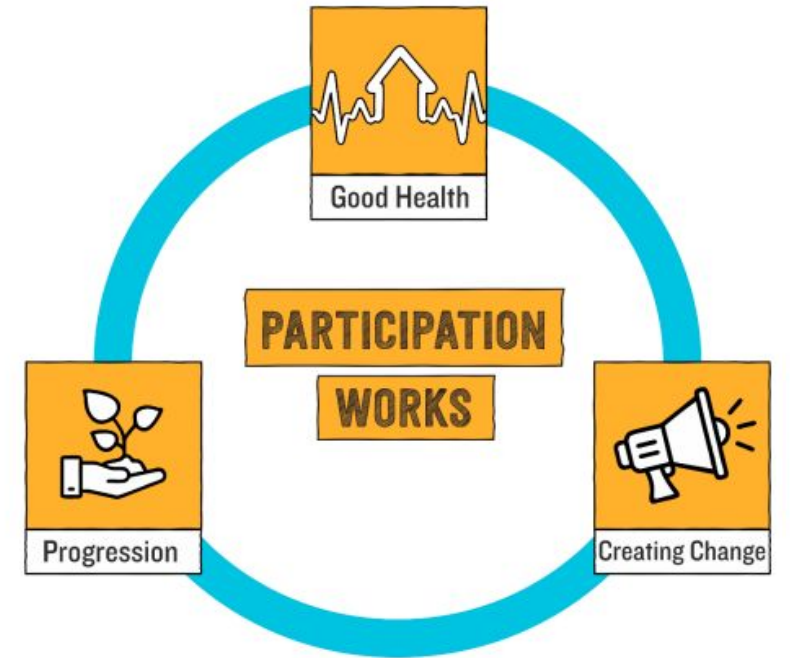
About Groundswell?

Three areas of work:

- HHPA
- Insight and Action
- Progression – support staff and volunteer wellbeing
- #Healthnow - National expansion – all areas of our work

To date:

- Add number of 23,500 health appointments and in-reach
- 150+ peer advocates and researchers graduated



Participation at Groundswell

Governance

- input into new strategy
- trustees – experience of homelessness
- 2/3 of staff – experience of homelessness and other related issues

Core activities

- volunteers delivering HHPA and research
- Team meetings – feed into research
- project advisory groups
- involving peers in recruiting staff
- ring fenced roles
- clinical supervision to support mental health
- progression

Other

- outputs – podcasts, articles (Pavement), films and action guides,
- Training stakeholders (e.g medical students)
- public speaking events and meetings
- Stakeholder visits to Groundswell

From clients and volunteers

“He’s been through a similar sort of lifestyle. From the word go I felt safe, I trusted him.” (HHPA client)

“I felt valued and to have a purpose, to be able to work and felt capable of, you know how I felt, my self-esteem, made me feel better about myself, stronger.” (Volunteer)

“Incredible achievement - when you see the results in print - it was so powerful. The Action Day that followed was amazing - a room full of professional people who actually wanted to hear what I said, for the first time in years I felt respected. I was so proud to be there”. -
(Research volunteer)



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What do we mean by lived experience? How does it differ across cultures? 5 minutes – break out room



Sharing experiences

- Sarah to share experience of FTGU and going to paid work – 5 mins

(FTGU, supported permitted work, progression?)

- Maame Esi to share experience of volunteering – 5 mins

(HRA, women's research and what been involved in)



Podcast... (0.55 -2.15)



Key ingredients to successful participation....

Always pays off



Allowing space to think and pause, not rushing

Open mindedness

One or two people not to dominate

Not othering people

Having a voice and being heard

Respect of differences/experiences

Small things go a long way

Not presuming peoples knowledge – especially on tech

Reflection



Opportunity to come together



Fun & silliness

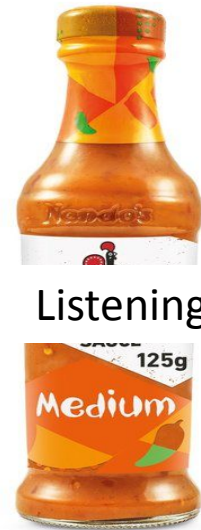
Put things into action – creating change



Trust and belief in people



Better to start small and to it well

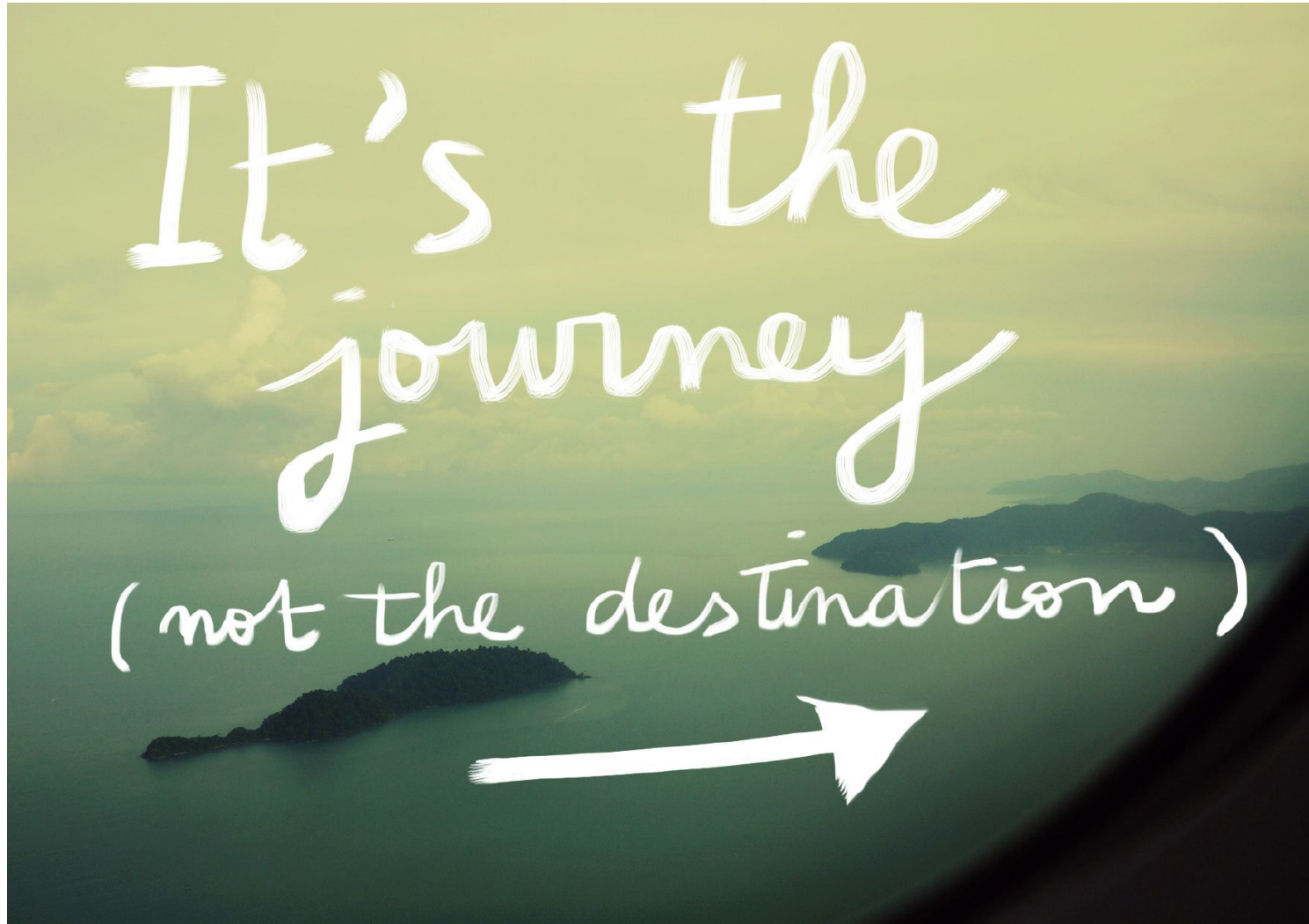


Listening



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Areas we would like to develop at Groundswell

- More people with experience of homelessness at senior management positions and lived experience in different areas – not just front line
- Finding a way for clients to be more involvement in Groundswell – our volunteer advocates and researchers are very involved but how can clients be?
- Reviving the Forum run by volunteers
- Expanding nationally – being consistent and keep personal touch
- Reaching media and general public – podcasts and videos made by vols and clients – more interaction with general public
- Staff regularly shadowing – see what other teams do (understand all aspects of the organisation) – not operate in pockets
- Media – respond to educate and inform how homelessness is communicated in the headlines
- Social events and wellbeing (starting shiatsu massage would like to do more when COVID-19 allows)

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Feedback – 15 minutes



Find out more

- Read our briefings from the COVID-19 project

<https://groundswell.org.uk/monitoring-covid-19/>

- Find our action updates

<https://groundswell.org.uk/coronavirus/>

- For podcasts here

<https://www.mixcloud.com/Groundswell1/>

- Research and evaluation consultancy

<https://groundswell.org.uk/what-we-do/peer-research/work-with-us/>

- Training from our Learning and Development team

<https://groundswell.org.uk/learning-and-development/>

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Thank you!



 020 7725 2851

 www.groundswell.org.uk

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