

# **BMSZKI**

(The Budapest Methodological Centre of Social Policy and Its Institutions)

## **Support needs of elderlies according to care needs assessment (2018)**

# Care needs assessment

## Methodology:

The presented data was collected by colleagues working in the field, partly based on available documents and partly based on their personal observations.

- The data collection occurred between August – September 2018, in Budapest.
- 7 homeless service provider organisations participated.

(BMSZKI, Hungarian Baptist Aid, Public Foundation for the Homeless, Léthatáron Foundation, Hungarian Maltese Charity Service, Hungarian Red Cross, Twist Oliver Foundation)

Total number of service users in the sample: 3528 persons

Service users of BMSZKI: 1732 persons (49, 1%)

The proportion of people using the different types of services reflects the proportion of places.

Type of services	Persons in the sample	Proportion
Temporary Hostels	1976	56 %
Night Shelters	806	22,8%
Rehabilitation Hostels	64	1,8%
Clients of Outreach Teams	682	19,3%

## **Dimensions of the assessment**

- age (especially for people over retirement age)
- prevalence of mental health problems
- substance abuse
- chronic diseases
- physical disability
- self-sufficiency
- dementia
- complex needs
- people sleeping rough - the possibility of attendance to institutional support

## Gender

### Whole sample

Man	73,6%
Women	26,4%

### BMSZKI

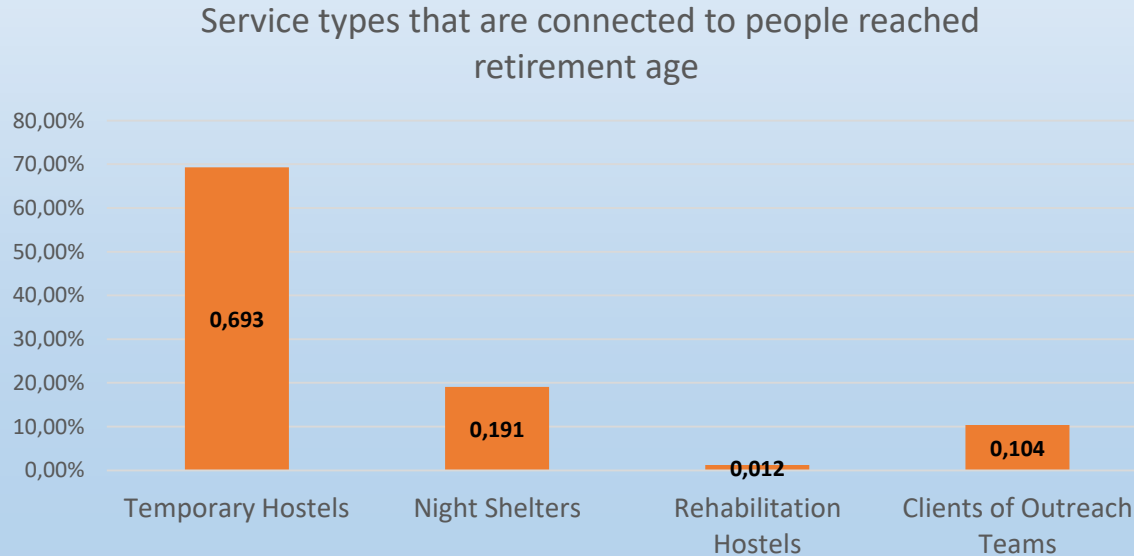
Man	65,5%
Women	34,5%

### **Avarage age: 53,2 years**

Temporary hostel: 54,8 years, Night shelters: 52,6 years,  
people who are sleeping rough: 49,5 years

56 to 65 year	1245	<b>35,3%</b>
66 years and over	425	<b>12%</b>

Age of retirement at the time of this research was 63 years. In the sample 834 people reached that age.



## Mental health

- 15.0% of clients (528 people) have diagnosed psychiatric problems.
- 9.5% (336 clients) are presumed to have psychiatric problems but not yet diagnosed.

The majority of service users with diagnosed psychiatric problems (60.0%) were lived temporary accommodation at the time of the survey, while 26.5% of them were sleeping in a night shelters.

12,5 % of those who have diagnosed psychiatric problems were sleeping rough, while the 53,9 % of those who have not got diagnosis about mental health problem but presumed to experience it are sleeping rough.





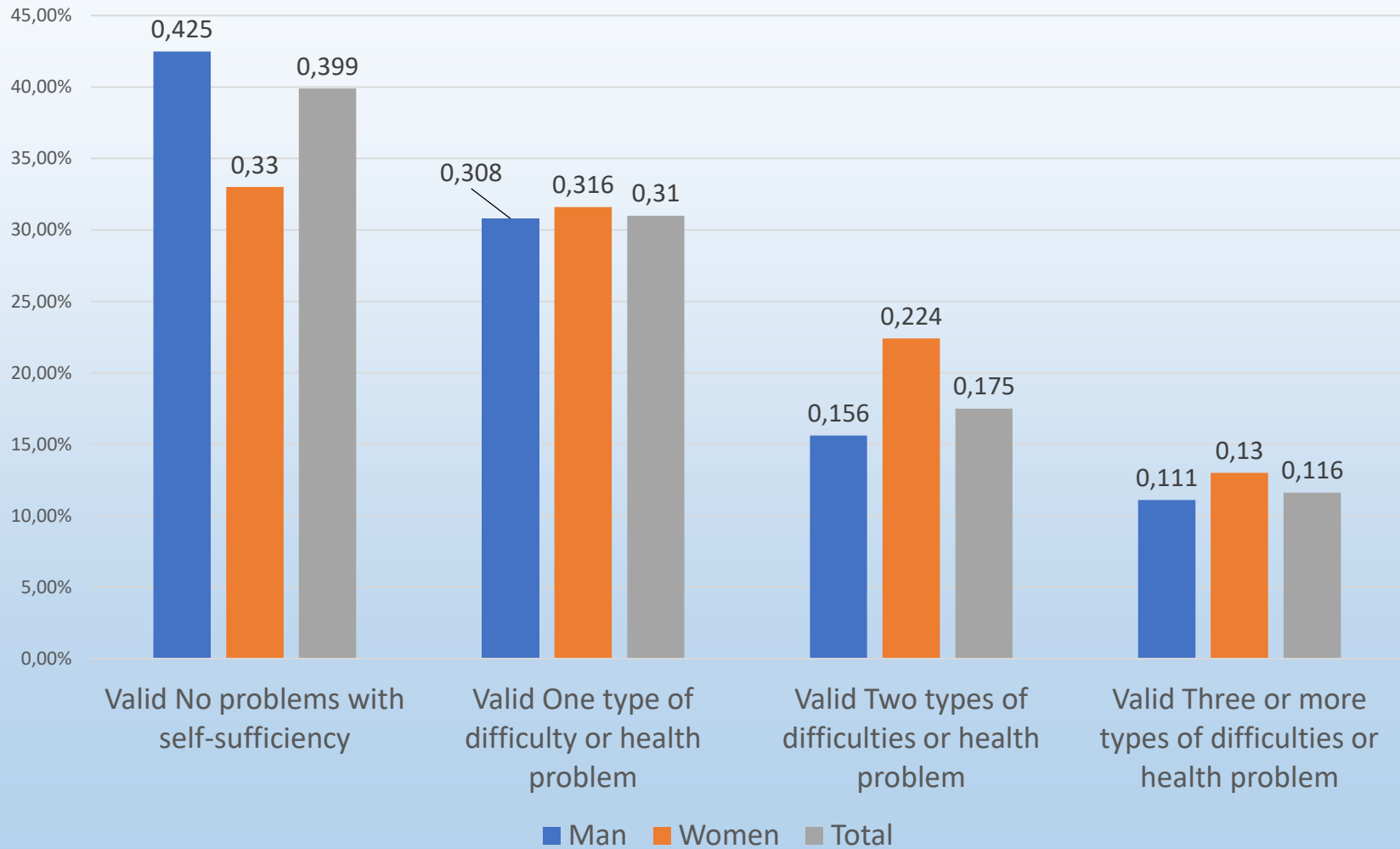
# Self-sufficiency

## Aspects of assessment regarding self-sufficiency

- regular use of medicines,
- nutrition,
- bowel - urinary excretion,
- ability to keep body hygiene,
- ability to move/change position,
- limited mobility,
- dementia,
- chronic diseases

<b>Difficulties with self-sufficiency</b>	<b>%</b>
regularly takes medication and need support in it	6,7 %
needs help to eat	0,9 %
needs help to use toilet	2,5%
needs help with hygiene	3,2%
needs help to move/change position	8,0%
mobility impaired	8,9%
having symptoms of dementia	5,4%
Chronic disease	57,9%
not limited by illness or mental condition	39,9%

## Difficulties with self-sufficiency

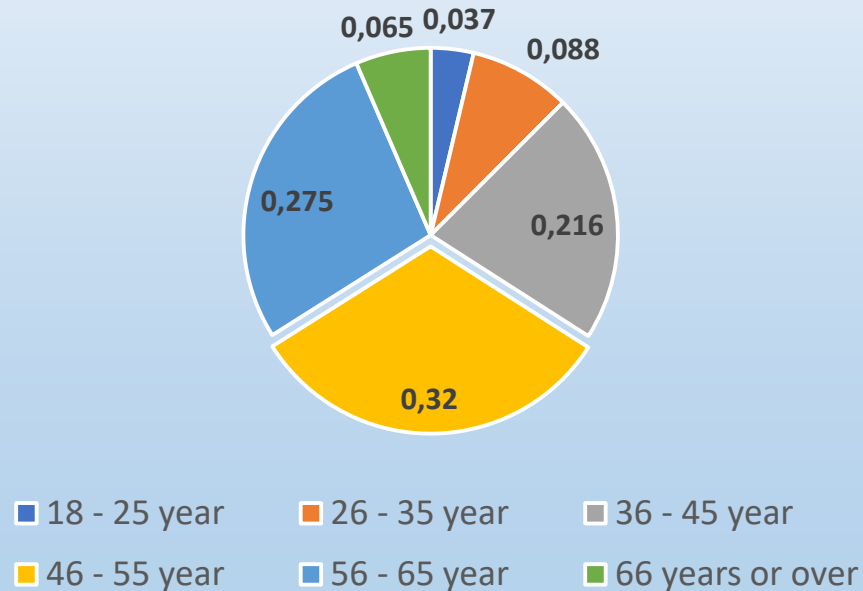


		<b>Difficulties with self-sufficiency</b>				Total
		No problems with self-sufficiency	One type of difficulty or health problem	Two types of difficulties or health problems	Three or more types of difficulties or health problems	
Age	18 - 25 year	80,8%	17,8%	1,4%	0,0%	100,0%
	26 - 35 year	58,8%	25,5%	11,1%	4,6%	100,0%
	36 - 45 year	55,4%	28,3%	11,0%	5,2%	100,0%
	46 - 55 year	44,7%	31,2%	14,0%	10,1%	100,0%
	56 - 65 year	30,4%	33,1%	22,1%	14,4%	100,0%
	66 years and over	19,7%	33,3%	26,5%	20,5%	100,0%
Total		39,9%	31,0%	17,5%	11,6%	100,0%

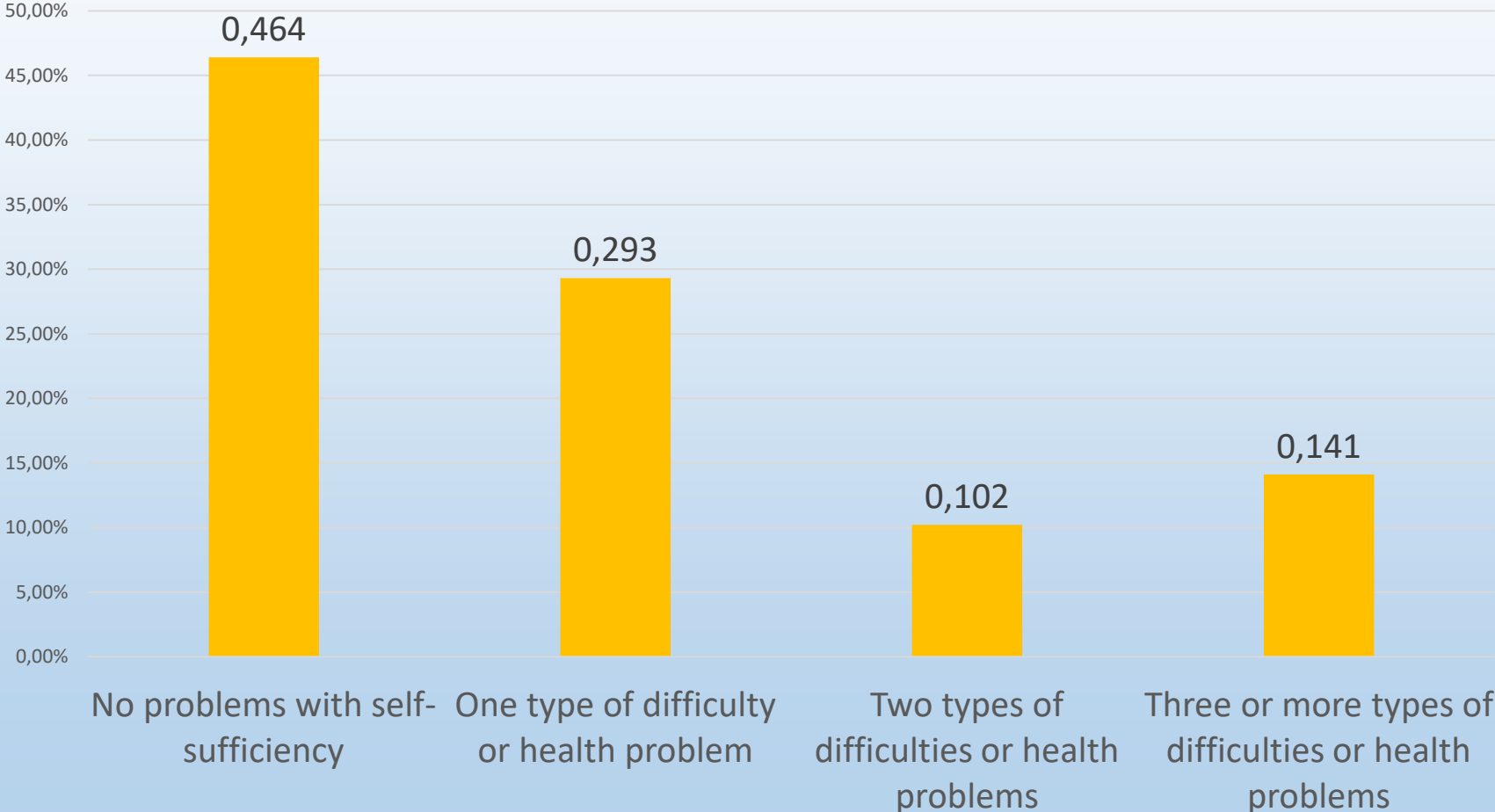
# Homeless people sleeping rough

Rough sleepers	682	19,3%
Accommodation service users	2846	80,7%
Total	3528	100%

Age proportion among people sleeping rough

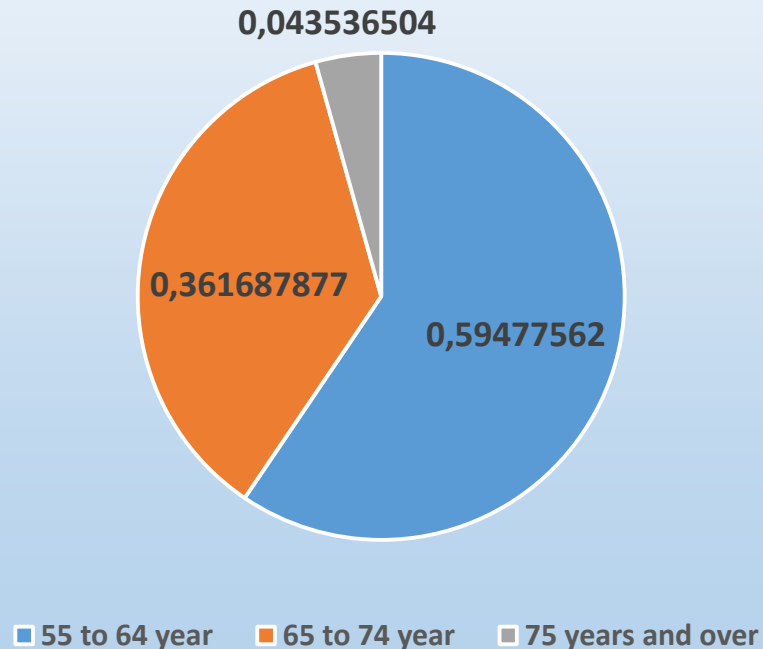


### Self-sufficiency among people sleeping rough

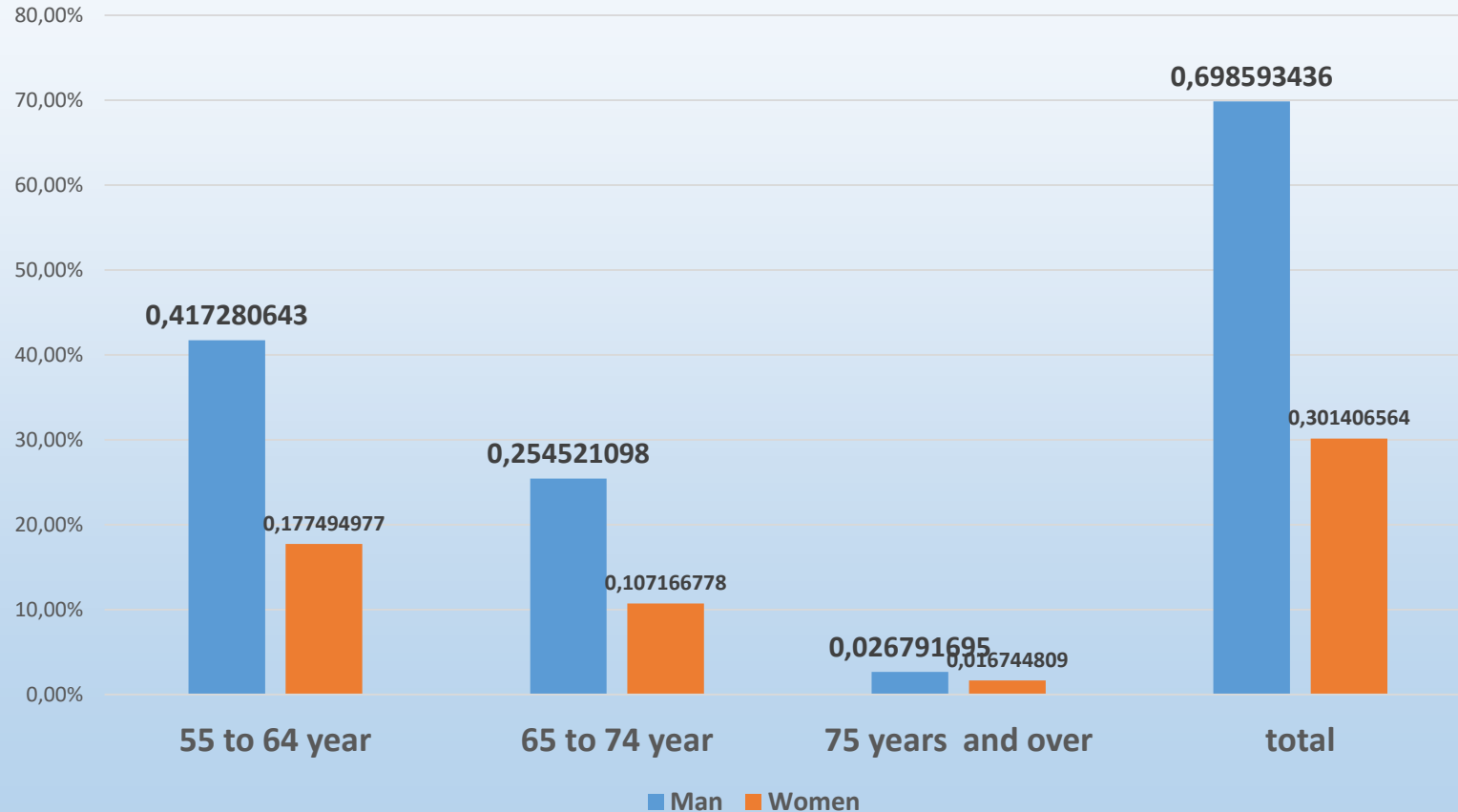


## Some complementary information of a database research from 2021

Age distribution of service users over 55 years old in case management (number of people in the database 1493)

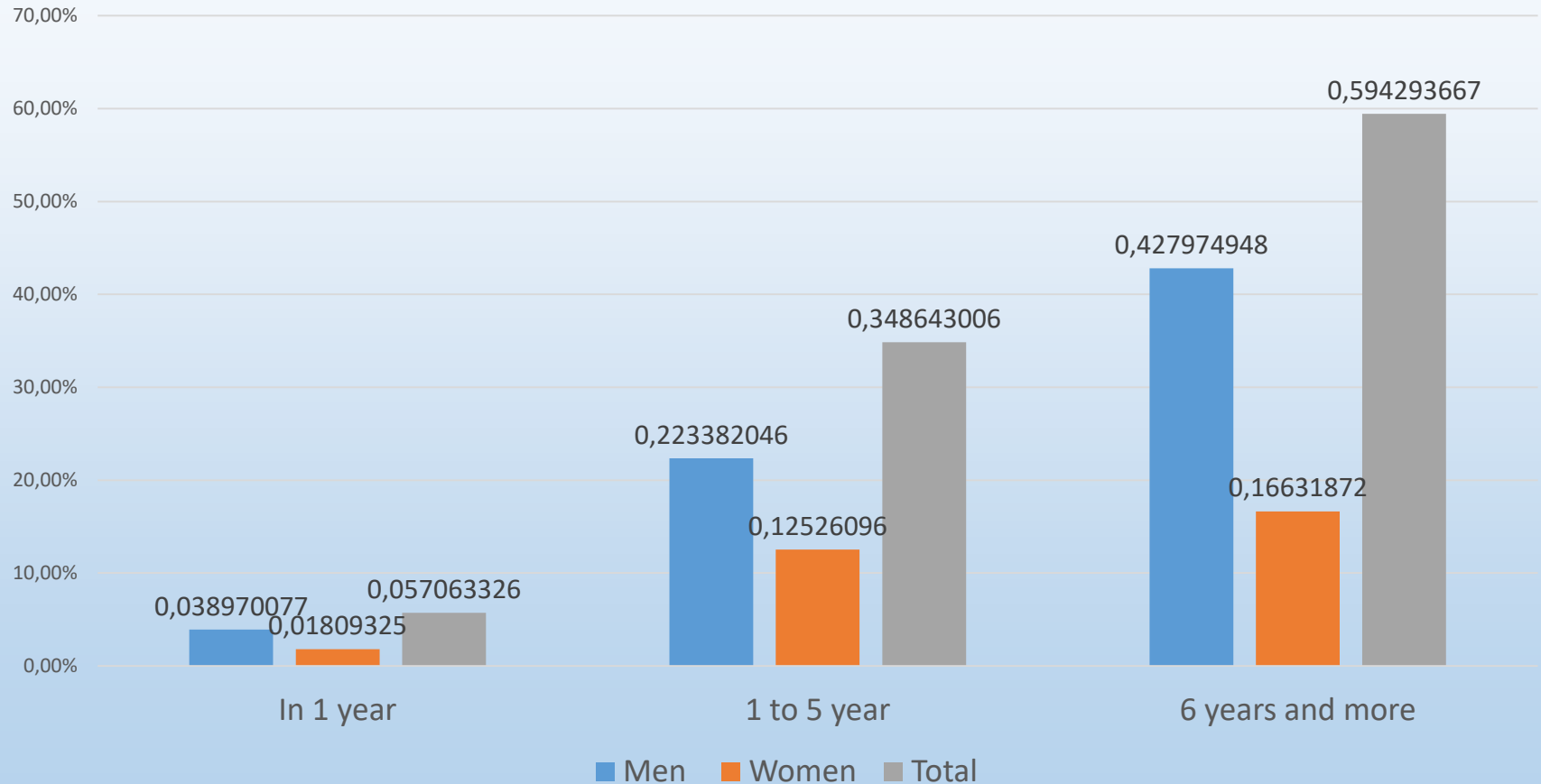


## Gender and Age wise distribution of BMSZKI elderly service users in case management

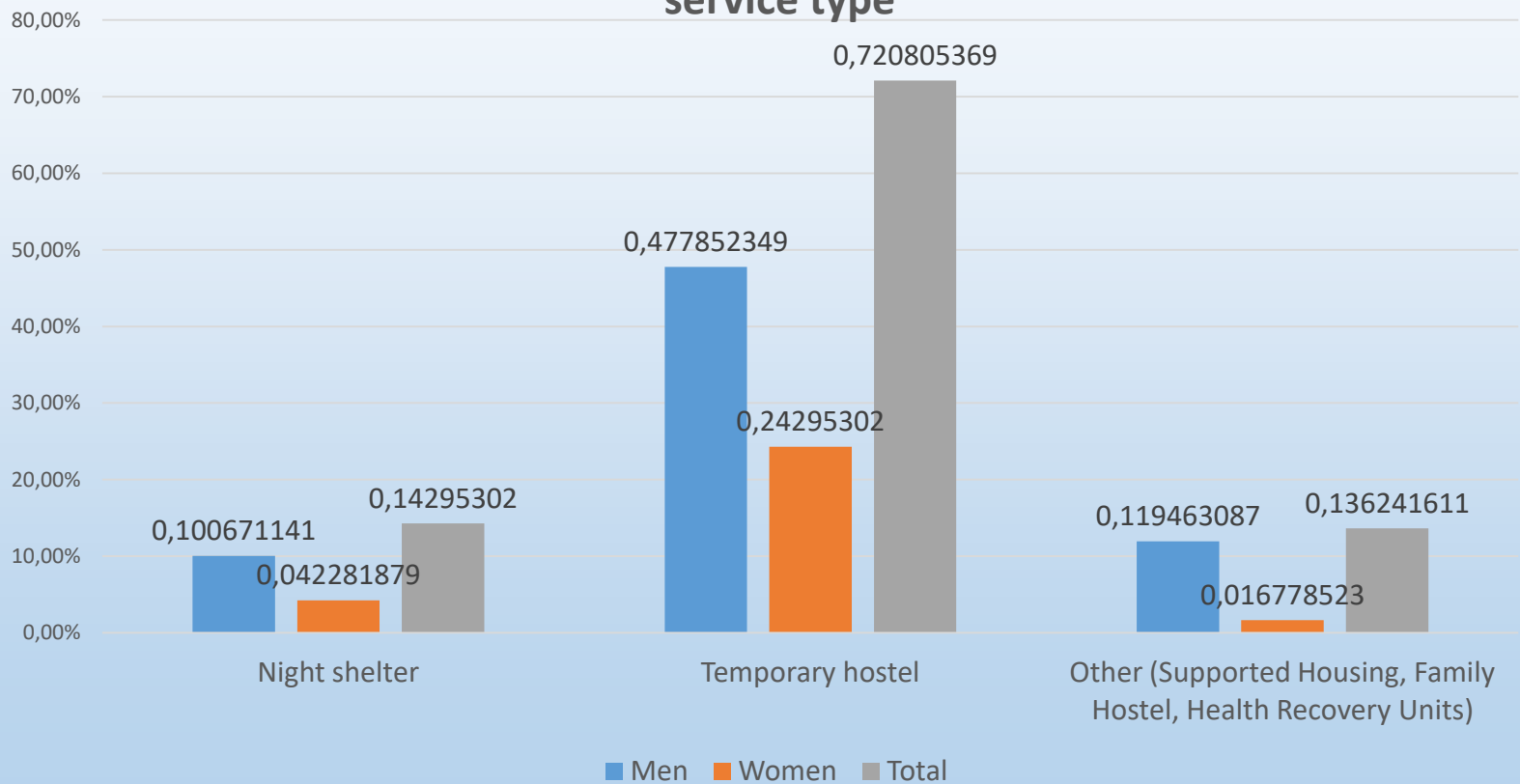




## Term of homelessness of service users who are 55 years old and over



## Case management for service users over 55 years according service type



Thank you for your attention!